



bike to
create a world
free of MS

Date _____

Dear _____,

Every hour of every day, another person is diagnosed with MS. We need to take action now to help the growing number of people affected by this disease. This is why I will be participating in Bike MS this year to help the 7,050 local people living with multiple sclerosis.

Today, there is no cure for MS, but we're fighting to change that. This is why I am writing to you. I need your help, your generosity and your support.

This year, we have set a goal of raising \$_____ and I'm asking you to please make a contribution too.

- > **Make your check payable to the National MS Society and included the completed Sponsor Pledge Form at the bottom of this letter or:**
- > **Or donate to my fundraising campaign online at nationalMSSociety.org/PAX and click on the Bike MS logo. To credit my fundraising account, click on the ePledge button, then indicate my name in the fields provided.**

The National MS Society is the leading provider of services and programs for people living with MS and their families. The Society also invests more money into MS research than any other volunteer-driven health organization in the world.

When you donate to a MS Fundraising event, you become part of the powerful movement that will end MS forever. Thank you in advance for your generosity.

If you have any questions, please contact the Chapter via e-mail, pax@nms.org or call 412-261-6347.

Warmest Regards,

Please indicate
your bike site:

- Cook Forest
River Ride
- Escape to the
Lake (Erie)
- Keystone
Country Ride

Sponsor Pledge Form

My pledge for _____ is _____ I am enclosing my contribution now.
(Cyclist's Name) *(amount)*

Sponsor Name: _____

Address: _____

City/Zip/State: _____

Day Phone: _____

Thank you for your help in the fight against multiple sclerosis

Join the Movement
1501 Reedsdale St., Ste 105 Pittsburgh, PA 15233 tel 1 412 261 6347 fax+1 412 232 1461 nationalMSSociety.org



**National
Multiple Sclerosis
Society**

*The National Multiple Sclerosis Society
is a collection of passionate individuals,
moving together to create a world free of MS.*

Every hour of every day, another person receives the life changing diagnosis of MS. MS is a chronic disease of the central nervous system with no known cause or cure. Symptoms may include numbness, fatigue, paralysis or loss of vision.

For more than 50 years, the Allegheny District Chapter of the National MS Society has been at the forefront of providing help and hope through programs and services for people with MS, their friends and loved ones, including:

HEALTH & WELLNESS SERVICES FINANCIAL ASSISTANCE

- > Support & Collaboration with MS Centers
- > Contracted Care Managers
- > Exercise & Fitness Courses
- > Aquatics & Yoga Classes
- > Grants for Durable Medical Equipment, Home & Car Modifications, Utilities, Rent, Transportation, Air Conditioners, Cooling Vests, Aids to Daily Living and Relocation & Safety Assistance for Victims of Domestic Violence

INFORMATION & REFERRAL

- > Knowledge is Power Series
- > Lending Library
- > Workshops, Teleconferences & Learn on Line Telecasts
- > Free Publications

FAMILY PROGRAMS

- > Respite for Caregivers
- > Home Care & Home Maker Services
- > Social & Recreational Outings
- > Self-Help Groups
- > Peer Counselors
- > Pets are Wonderful Support, PAWS

If you or someone you know has MS, please contact the National Multiple Sclerosis Society today at www.nationalMSSociety.org or 1-800-FIGHT-MS to learn about ways to help manage multiple sclerosis and about current research that may one day reveal a cure.

Studies show that early and ongoing treatment with an FDA-approved therapy can reduce future disease activity and improve quality of life for many people with multiple sclerosis. The National MS Society's medical advisors recommend that people with MS talk with their health care professional about using one of these medications and about strategies and effective treatments to manage symptoms. The National MS Society is committed to ensuring that people with MS have the information and quality care they need to live healthy, productive and independent lives.